

**Men's Top & Bottoms**

Size	S	M	L	XL	XXL
Height	150-160	160-170	170-180	175-185	180-190
Chest measurement	72-78	78-86	84-92	90-98	96-104
West	78-86	82-90	86-94	92-100	98-106
Hip	78-86	82-90	86-94	92-100	98-106
Inseam	74	76	78	80	82

**Ladie's Top & Bottoms**

Size	S	M	L	XL
Height	145-155	150-160	155-165	160-170
Chest measurement	72-80	79-87	86-94	96-101
West	57-63	63-69	68-76	75-84
Hip	82-90	84-95	92-100	97-105
Inseam	74	76	78	80

**Shoes**

UK	3.0	3.5	4.0	4.5	5.0	5.5	6.0	6.5
Japan	22.0	22.5	23.0	23.5	24.0	24.5	25.0	25.5

UK	7.0	7.5	8.0	8.5	9.0	9.5	10.0
Japan	26.0	26.5	27.0	27.5	28.0	28.5	29.0

**Postage**

Set	Seven-pieces set	Two-pieces set
ITEMS	Rainwear (top) Rainwear (bottom) Backpack (30, 35 or 45 liters) Trekking Boots Leg Protectors Headlight Trekking Poles	Rainwear (top) Rainwear (bottom)
Postage	¥2,000	¥1,000